

# Product Newsletter

Dairy-based ingredients - latest news and products



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## Dairy-based ingredients - Latest News and Products

### Calcium's weight loss potential gets RCT support

Daily supplements of calcium, with or without vitamin D, may reduce body fat levels and help maintain lean mass, suggests new data from a double-blind, placebo-controlled, randomized trial... [Read](#)

### White paper identifies dairy snacking potential

Significant potential exists for dairy product innovation in the snack market, according to a new white paper from the Innovation Center for US Dairy... [Read](#)

### Colostrum may boost immune function after exercise

Supplements of colostrum from cows may counter the drop in immune function following exercise, says a new study from Wales... [Read](#)

### The science of sports ingredients

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